

# *CoachHorse Center*

Invites you to a  
**Mother/Daughter/Sister  
Retreat**



## **RELAXATION, REJUVINATION, AND RENEWAL**



The day is yours to remember while sharing with your loved ones. Unwind and play, inspirational and fun filled activities - enjoying the special bond of soul friendship between mothers, daughters and sisters.

There is no better gift you can give to your mother or daughter or sister than the gift of yourself! Your day — led by Diane Pauly, her daughter Pam Kachelmeier and her daughter Wendy Jeske — will be rewarding as we breath in the fresh air, listen to mother nature ,and take in the serene valley.

Our intention is for you to share new experiences in a natural and creative way. We will have experiences together that may be new and different to you: yoga, tepee time, beautiful slow short hike, horse meditation, massage treatment, a sample horse-human heart session, and a healthy lunch! We will also incorporate a unique story telling time to help us to get to know each other.

We want you to walk away with wonderful memories, a renewed sense of mutual respect and perhaps, a new perspective on your relationship with womanhood.

When it involves the horses: whether you are someone who has little or no horse experience or if you are an expert horsewoman or if you have a fear of horses, this unique retreat is just for you.

Absolutely no horse experience is necessary.

**Spring 2012 (Stay posted)**  
**9:00 a.m. to 5:00 p.m.**  
**17412 W. Washington Rd**  
**Kiel, WI 53042**  
**R.S.V.P. 920-980-5326 or email Coach-**  
**Horse@excel.net**  
**(age 18 & over please)**  
**CoachHorse.com**  
**Cost \$50 each**



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